

# MLTE

## Walking Group Leader Training Course

### Course Information



Spirit-of-adventure.com  
Powder Mills – Princetown – Yelverton – Devon – PL206SP  
Email:- [martin@spirit-of-adventure.com](mailto:martin@spirit-of-adventure.com)  
01822 880277

## Walking Group Leader Training Course

A 3-day programme based from Powder Mills in the Dartmoor National Park. All aspects of the syllabus of the Walking Group Leader Award will be covered.

The programme will include:

- Navigation and Route Finding
- Leadership Skills
- Hazards and Emergency Procedures
- Camping discussion
- Access and Environmental Issues
- Weather reporting

**Registration:** Before attending a training course you **must have registered** on the WGL Scheme with the MLTE and be a current member of the BMC or other Mountaineering Council.

Details from: MLTE  
Siabod Cottage  
Capel Curig  
Conwy  
LL24 0ET

Tel: 01690 720314

E-mail: [info@mlte.org](mailto:info@mlte.org)

On line registration: [www.mlte.org](http://www.mlte.org)

**Experience:** 20 quality hills days walking must have been completed prior to the training course.

Register with the MLTE on the WGL Scheme

Be a current member of the BMC or other Mountaineering Council

**Arrival:** The course begins at 9.00 am on day 1. If your arrival is delayed, please ring 01822 880277 (see contact numbers listed at the end of this booklet).

**Finish:** The course finish at around 1600pm on day 3

**Meals:** Participants should bring a food for the each day.

**Accommodation :** Not included – however we can help arrange this for you if required, either in our bunkhouse or a local B/B.

## MLTE Walking Group Leader Award Training Programme

Please note: This is only an example programme to give an idea of the layout of the course

	DAY 1	DAY 2	DAY 3
<b>AM</b>	<p>Course Introduction</p> <p>The WGL Scheme (remit) and relationship to other awards.</p> <p>The role of the Mountaineering councils.</p> <p>Weather Sources and interpretation.</p>	<p>Weather check</p> <p>Personal and Leader Equipment (maps, shelters, spare clothing, GPS etc.)</p> <p>Campcraft (tents, stoves, campsite choice)</p> <p>Roles and responsibilities of leader. Access and conservation. (environmental knowledge)</p>	<p>Weather check and discuss route plans.</p> <p>Party Leadership</p> <p>Emergency procedures and incident scenarios.</p>
<b>PM</b>	<p>Micro Nav</p>	<p>Navigation</p>	<p>Logbooks</p> <p>Review and action plans</p>
<b>EVE</b>	<p>Route plan for tomorrow</p>	<p>Night Nav from Powdermills</p>	

**Please note that this programme is flexible and may be subject to change for a number of reasons (e.g. extreme weather conditions).**

## Equipment

### Personal Equipment:

You should come equipped as a leader of walking groups in the UK mountains.

- Walking boots (suitable for walking in moorland areas in summer – in both good and poor weather conditions)
- Waterproofs (jacket and trousers)
- Rucksack(s) – suitable for day walking
- Spare clothes
- Compass (ensure your compass has a ruler or 'romer' for measuring distance from a map,
- Head-torch & spare batteries + bulb
- Personal first aid kit
- Hat
- Gloves/mittens
- Pen and paper
- Sun-cream / insect repellent (if appropriate)
- Maps of the area (Outdoor Leisure Series No.28 Dartmoor )
- MLTE Log book etc

### Specialist

#### Equipment:

All other technical equipment will be provided.

#### Personal First Aid Kit:

Course participants should have a small personal first aid kit. All other first aid equipment will be provided.

## Travel

### Directions to Spirit of Adventure

Locate us on [www.multimap.com](http://www.multimap.com) - just type in the postcode PL20 6SP

- A. If approaching from **Plymouth** take the A386 to **Yelverton**. Turn off the A386 at the Yelverton roundabout onto the B3212 signposted **Princetown**. On entering Princetown go straight across the mini roundabout towards **Two Bridges**. After two miles you will come to a T-junction – turn right, go past the Two Bridges Hotel and then turn left signposted Exeter, Moretonhampstead & **Postbridge**. After approx 1½ a mile turn left at the brown sign for Powdermills Pottery. At the end of the drive go past the pottery and park in front of the bunkhouse which has Powdermills written above the door.
  
- B. If approaching from **Exeter** take the A38 to **Ashburton**. **Then** take the B3357 signposted to **Two Bridges**. Follow this road for about 8 miles. Just before the Two Bridges Hotel turn right on the B3212 signposted Exeter, Moretonhampstead & **Postbridge**. After approx 1½ a mile turn left at the brown sign for Powdermills Pottery. At the end of the drive go past the pottery and park in front of the bunkhouse which has Powdermills written above the door.

Spirit of Adventure  
Powdermills  
Princetown  
Yelverton  
PL20 6SP  
01822 880277  
[www.spirit-of-adventure.com](http://www.spirit-of-adventure.com)