



## **Prince's Trust Residential Team Building Courses**

**Spirit of Adventure** is one of the leading providers of adventurous activity and teambuilding courses in Southern England. Established in 1993 we started delivering courses for the Prince's Trust Teams in 1995. In addition to Prince's Trust Team courses, we design and deliver teambuilding and personal development courses for companies and industry. We also operate a wide range of adventure holidays throughout the UK and in Finland, Peru, Mexico and Spain.

**Spirit of Adventure** is based in South West and offers Princes Trust courses in **Dartmoor in Devon, Ashdown Forest in Sussex and The New Forest in Hampshire**. All three venues offer good facilities for running the themed course we have developed for the Princes Trust.



**Dartmoor in the heart of rural Devon in the Southwest of England.**

*Spirit of Adventure, Powder Mills, Princetown, Devon, PL20 6SP*

*Tel 01822 880277 Fax 01822 880392*

*e-mail: [martin@spirit-of-adventure.com](mailto:martin@spirit-of-adventure.com) <http://www.spirit-of-adventure.com>*

## **Dartmoor**

'From the river gorges and wooded valleys rise the folds of green fields, hemmed with hedgerows and drystone walls, dotted with hamlets of thatched cottages and proud church towers. Climbing above them all are the boulder strewn slopes of the Moor, its summits crowned with fantastic wind-strewn tors of granite. Dartmoor is a living, working landscape where the ghosts of the past and creatures of the imagination rise with the evening mists'.

With over 400 miles of paths and open moorland walkers find Dartmoor's delights inexhaustible. For the more adventurous there is the Derwerstone Rocks where you can scale the granite outcrops through a canopy of oaks and rivers and estuaries to kayak and canoe.

Dartmoor is an ideal venue to run a team building course. If you live in the city, it will take you right out of your normal environment. There are no street lights or light pollution and the stars go on forever. You often have to slow down for sheep, ponies and cattle and as well as for other cars!

## **Ashdown Forest in Sussex, directly south of London**

### **East Grinstead/Ashdown Forest**

In over 400 acres of almost natural woodland nestles Broadstone Warren within Ashdown Forest. Less than 2 hours from London, just south of the M25 near East Grinstead. This venue is within easy reach of all Princes Trust teams from London and the Home Counties.

Broadstone Warren is the largest Scout Camp in England. It is criss-crossed with gullies, carpeted with trees and deer can be seen on a regular basis. It is a beautiful oasis in the middle of 'civilisation'. Close by is the 'flagship' of the 'Guiding movement', Blackland Farm with its abseiling towers, climbing walls and canoeing lake. Within 30 minutes is Harrison's Rock where many climbers and mountaineers learnt their skills before scaling the mighty peaks of the Alps and the Himalaya.

Broadstone Warren is an excellent venue for team building courses. Teams from the London area really enjoy visiting this 'wild' location and it lends to the Spirit of Adventure themed programme.

## **The New Forest in Hampshire**

### **New Forest**

In 1079, some 150 square miles of wild forest was declared a royal hunting ground by King William. This grand forest, now called the New Forest in the county of Hampshire, and in 2005 becoming England's eighth National Park for all to enjoy. This mixture of ancient woods and open heathland is famous for its wildlife, particularly ponies and cattle, there are around 3000 ponies that wander freely across the Forest's heaths, woodland, roads and often into villages. Wild countryside yet easy access from the M27, well away from noise and city environment, just the place for a Princes Trust residential. A warm welcome and fantastic accommodation awaits the teams at the Tile Barn site, situated right in the centre of the forest, a perfect location for our popular themed course. All the task and activity sites are fairly close by, making minimum driving requirements during the course. Also the added bonus of probably one of the warmest and driest areas of the British Isles!

## The Adventure Activities Licensing Regulations 1996



Our safety record is second to none. The safety of all participants overrides all other concerns. All our instructors hold suitable qualifications, valid first aid certificate and are checked and cleared by the Criminal Records Bureau (CRB).

**Spirit of Adventure** has been inspected by The Adventure Activity Licensing Authority and is registered as licensed to provide the following specified activities,

***kayaking, open canoeing, rock climbing, abseiling, gorge scrambling, improvised raft building, hill walking and mountaineering, coastal scrambling.***

**Spirit of Adventure Licence Number – L6071/R0086**

**Licence details can be confirmed by telephoning The Licensing Authority on 029 2075 5715**

### Insurance

Spirit of Adventure is fully insured and has the following:-

Employers Liability	£ 10 million
Public Liability	£ 5 million
Products Liability	£ 5 million

We are very happy to send you copies of our insurance certificates if required.

***Spirit of Adventure*** was established in 1993 by  
***John Diplock MIA and Sandy Simpson MIMgt, FRGS.***

**John Diplock MIA** is a highly qualified climbing instructor and mountain leader and is a member of the Association of Mountaineering Instructors. He has climbed extensively throughout Britain and is a Himalayan Veteran. He made the first ascent of the East Face of Kussum Kanguru (Nepal) in 1988 and was the Joint Deputy Leader and Lead Climber of the 1992 British Makalu Expedition (Nepal). Makalu is the world's 5th highest mountain and he reached over 8000 metres (27,000 feet) on this mountain. As well as Nepal, John has considerable knowledge of the Pyrenees, the Picos de Europa, Greenland and the big climbing routes of Spain.



**Spirit of Adventure** has a very close relationship with the Prince's Trust and regularly runs courses for teams from Exeter, Torbay, Weymouth, Poole, Bournemouth, Bristol, Cornwall, Newham College, Barnstaple, Woking, Southampton, Thurrock, Southend, and Jersey.

## The Team Building Course

Our courses are designed so that the team have total ownership of the course. These courses are not just activity weeks, they are dynamic and powerful teambuilding courses where the team have genuine choices on what they do, when they do it and how they do it.

We believe teamwork and leadership can not be learnt in a classroom. The outdoor environment is an ideal medium for leadership, team building and personal development. By placing people in unfamiliar situations in unfamiliar surroundings away from the comfort and security of their normal surroundings, this enables them to face up to their strengths, fears and weaknesses. It increases self-awareness, self-control and self-confidence. Our programmes are based on **real situations**, which require **real solutions** and will have **real consequences** to the delegates.

Our course comprises skill elements (Planning, Climbing, Abseiling, Kayaking, Navigation and Search techniques) and a choice of tasks, cumulating in a final challenge. Teams normally arrive on Monday afternoon for the 1700 briefing. On arrival they are greeted and briefed by their



instructors, this 2 hour introduction explains the programme and sets the scene by getting the group straight out on a short exercise to 'unlock' their course book!

The course culminates on the Friday in a grand final challenge, for which the team will need to buy equipment and information. To do this they need to earn 'currency' (on Dartmoor and the New Forest this is 'beans' and in Ashdown Forest this is 'buns') and to earn 'currency' they need to complete tasks. Each

task has one or two skill certificates attached so they need to have completed those skills before they can attempt that particular task. The team need to plan each day so that by Friday morning they have the skills required to complete the final challenge and sufficient 'currency' to buy their equipment. As the team plan their own week they have total ownership of their course. The team will brief the instructors each morning to discuss and present the plans for the day.

**Spirit of Adventure, Powder Mills, Princetown, Devon, PL20 6SP**

**Tel 01822 880277 Fax 01822 880392**

**e-mail: [martin@spirit-of-adventure.com](mailto:martin@spirit-of-adventure.com)**

**<http://www.spirit-of-adventure.com>**

This format has proved an excellent vehicle for team building, improving communication, negotiation skills and learning the strengths and weaknesses of the team members. Individual team members normally find skills and achieve results far beyond their perceived capability. **The team as a whole becomes highly motivated and focused on achieving their final challenge.** Each team member is sent a course certificate for their profile of achievement.

**The Final Challenge.** This is the teams opportunity to demonstrate the skills learned during the course. It is quite a hard, physical challenge but within the capabilities of all team members. It requires teamwork, motivation and a good plan. This normally takes about two hours on the Thursday evening. On successful completion of the challenge the team are justifiably proud of their achievement.



**The skills.**

There are 6 skills available for the team; planning, climbing, abseiling, kayaking, navigation and search. These skills are led by the instructors and all team members are encouraged to participate, however if for example, a team member is unable to complete the abseil, this does not detract from the teams overall performance.

**The tasks.** There are up to 13 tasks from which the team members can choose. The tasks are chosen by the team, they plan

them to include all members of the team. The instructors act only as 'safety officers' offering some limited technical advice. Tasks vary from finding the depth of a lake, improvised raft building, to lowering the whole team down a rock face and include two night tasks, navigation task and a campfire cook out. If one member of the team does not want to participate in a particular task the team must come up with a way for that team member to participate or choose another task. Teams normally complete between 5 and 8 tasks.



**Special needs.** We are able to adjust the course to meet the special needs of the team and this would be discussed and arranged before the team arrival.

**Duration.** The course normally starts on Monday late afternoon and completes at about 13:00 on Friday. We are very happy to adjust the times and duration of the course or to design a course specifically for your need.

**Team Size** We allocate 2 instructors per team, if your team has more than 16 members we need to arrange for an extra instructor.

Please inform us as soon as you know the size of the team.

**Responsibilities and 24 hour Cover**

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The Spirit of Adventure instructors will be with the team during all tasks and skills and will be responsible for the safety of the team members and leaders during tasks and skills. The team leaders are responsible for the team safety whilst in the accommodation and when the team is not involved in skills or tasks. The 'Prince's Trust Teams' now require Residential Providers to provide 24 hour cover for the team leader if required. Spirit of Adventure will provide this cover if requested on booking, it will either be one of our instructors or the on-site warden depending on the accommodation location.

## **Princes Trust Course Instructors**

### ***Dartmoor & New Forest***

Each team is allocated a senior instructor and an assistant instructor. All our instructors have nationally recognised qualifications and hold valid first aid certificates and are cleared by the Criminal Records Bureau (CRB).. They have all been specifically trained in delivering the team building course. On occasions there may be a trainee instructor also working alongside the instructors.

**Steve Lang.** Steve was a Prince's Trust Team Leader for Plymouth and has a wealth of knowledge he can bring to the team. He gained his outdoor qualifications in early 2001 and has been involved with our courses since then. Steve works full time for Spirit of Adventure and is now our senior instructor.

**Sam Iskander.** Sam is an NLP practitioner and has a background of training in industry. He has been involved with our courses for over 3 years.

**Gary Williams.** Gary is a very experienced instructor with many years working in the industry and very well liked and respected by the teams.

### ***Ashdown Forest, East Grinstead***

**Chris Tullis.** Chris assisted us in establishing Broadstone Warren as a base for running courses near London. He has been involved with training and education in the outdoor environment for over 15 years. He is closely associated with the British Mountaineering Council and manages Harrison's Rock on their behalf.

## **Mobile Phones**

The use of mobile phone whilst participating in the exercises is disruptive. We ask that mobile phones be switched off during the day and used only when back at the accommodation.

## **Shopping**

All courses are self-catering, we see this as a great part of the team building process, so you will need to think about shopping for your food.

For those staying at Powder Mills or Bachelors Hall, the nearest supermarket is Safeway at Tavistock (about 10 miles west of the accommodation) or the Co-op in Yelverton. Tesco Direct will also deliver to Powder Mills. If you are staying at Lower Aish or Dartmoor Expedition Centre, it is probably easier to stop at a supermarket in Exeter on your way to the accommodation. Ashburton and Bovey Tracey have smaller supermarkets which are more convenient but may not have the full range of goods you require. For the New Forest there is a supermarket at Lymington which is only a few miles away. Ashdown the nearest super market is East Grinstead 6 miles or 2 miles to a small Tesco garage and shop in the village of Forest Row.

## Accommodation Booked For Your Exclusive Use.

There is a limited number of bunkhouses on Dartmoor suitable for Prince's Trust Teams. At certain times of the year there is considerable pressure on the accommodation so early booking is strongly recommended. Powder Mills Bunkhouse is co-located with Spirit of Adventure, this is normally the first choice for accommodation. About 4 miles away, near Princetown, is Bachelors Hall. This is at a very satisfactory standard and is operated by the YMCA. The Dartmoor Expedition Centre and Lower Aish are a few miles away and they also are good locations for the course. Wherever you are staying you will be met by your Spirit of Adventure instructor and the course will be run from your accommodation.

All accommodation we use is suitable for Princes Trust groups and suit the purpose required for the course. All accommodation would be booked for exclusive use for your team.

## Please find below a catalogue of the bunkhouses we use for all our Princes Trust Courses

### Powder Mills Bunkhouse

Powder Mills Bunkhouse is comfortable and warm with excellent facilities. It is a recently converted granite barn situated in the heart of the Dartmoor National Park, with beautiful views across the North and South Moors.



## Factfile for Powder Mills Bunkhouse

- Location Grid Reference GR SX628769
- Web link for location; <http://www.multimap.com> - use PL206SP in search
- Website [www.powdermillsbunkhouse.co.uk](http://www.powdermillsbunkhouse.co.uk)
- Bunkhouse Phone number +44 (0)1822 880369
- No of bedrooms / beds 4 bedrooms – 10,8,4,4, berth rooms – total 26
- Lounge area Large with tables and comfortable chairs
- Lounge Fire Wood burner (wood included)
- Carpeted Bedrooms and lounge
- Other heating Electric storage heaters (included)
- Handwash Water Heating Electric (included )
- Showers 3 electric showers (20 pence's needed)
- Kitchen Fully equipped – cooker – fridge – freezer – hot water
- Toilets Three flush toilets – toilet paper provided
- Smoking Non smoking – outside only
- Drying room Yes
- Shops Nearest big supermarket, Tavistock – 10 miles
- You need to provide Sleeping bags / duvets and pillows if required  
fire lighters, washing up liquid
- Onsite warden Yes most of the time
- Public telephone Yes – payphone in entrance hall
- Postal address Powder Mills – Princetown – Yelverton – Devon
- Post code PL20 6SP
- Cost for PTT groups

Cost: £10 per person per night with a minimum charge of £100 per night. This includes electricity, gas and wood.

Additional charges: showers at 20p (for approximately 6 minutes)

\* We are pleased to inform you that Powder Mills now provide for your convenience, laundered duvets, duvet covers and bottom sheets.



## Bachelors Hall Bunkhouse

The centre is situated in a remote location about 1 mile east of Princetown (GR.SX602736), and about 4 miles from Powder Mills (Spirit of Adventure) and is approached by the road to Tor Royal and then by track suitable for a mini-bus.

Bachelors Hall is a farmhouse with grounds leased by the Plymouth YMCA from the Duchy of Cornwall for use by recognised groups as a base for outdoor activities on Dartmoor.

Public rights of way give access to both north and south Dartmoor for rambles, exploration or expeditions. Examples of industrial (tin mining) and pre-historic remains are within easy reach for field studies.

The atmosphere of a Dartmoor farmhouse has been recreated with granite and whitewashed walls. The day rooms have log fires and the first floor is fully carpeted and has pine wood ceilings.



## Factfile for Bachelors Hall Bunkhouse

- |                           |   |
|---------------------------|---|
| • Location Grid Reference | GR SX601737   |
| • Web link for location;  | <a href="http://www.multimap.com">http://www.multimap.com</a> - use PL206SL in search                                 |
| • Website                 | <a href="http://www.plymouthymca.co.uk/Centres/bachelors.htm">http://www.plymouthymca.co.uk/Centres/bachelors.htm</a> |
| • Bunkhouse Phone number  | +44 (0)1822 890375  |
| • No of bedrooms / beds   | 4 bedrooms – 10,6,2,10, berth rooms – total 28  |
| • Lounge area             | Large with tables and comfortable chairs  |
| • Lounge Fire             | Wood burner (wood included)   |
| • Carpeted                | Bedrooms  |
| • Other heating           | Electric storage heaters (included)   |
| • Hand wash Water Heating | Electric (meter)  |
| • Showers                 | 3 electric showers (meter)  |
| • Kitchen                 | Fully equipped – 2 cookers – fridge/freezer   |
| • Toilets                 | Four flush toilets – toilet paper not provided  |
| • Smoking                 | Non smoking – outside only  |
| • Drying room             | Yes   |
| • Shops                   | Nearest big supermarket, Tavistock – 8 miles  |
| • You need to provide     | Sleeping bags / duvets and pillows if required<br>fire lighters, washing up liquid, toilet paper.                     |
| • Onsite warden           | No – unless have requested night cover  |
| • Public telephone        | Yes – payphone  |
| • Postal address          | Powder Mills – Princetown – Yelverton – Devon   |
| • Post code               | PL20 6SP  |
| • Cost for PTT groups     |   |

Cost: £100.00 per night. This includes wood and storage heaters

Additional charges: electricity is metered. Average cost per course £53



## Dartmoor Expedition Centre

A beautiful setting in the heart of the Dartmoor National Park. You can go out of the door, straight onto the Moor. The bunkhouse accommodation is situated in two 300 year old granite barns. It is well equipped, simple but comfortable. A good base for a Princes Trust course. A great location approximately 6 miles from Powder Mills (Spirit of Adventure) and 3 miles from the picturesque village of Widecombe-in-the Moor.



## Factfile for Dartmoor Expedition Centre

- Location Grid Reference GR. SX699764
- Web link for location; <http://www.multimap.com> - use TQ13 7TX in search
- Website [www.dartmoorbase.co.uk](http://www.dartmoorbase.co.uk)
- Emergency Phone number +44 (0)1364 621249 Emergency only
- No of bedrooms / beds 6 bedrooms – 11,10,9,5,2,2 berth rooms – total 38
- Lounge area Tables and chairs
- Lounge Fire Wood burner (wood included)
- Other heating Electric storage heaters (included)
- Handwash Water Heating Electric (metered )
- Showers 3 electric showers (included)
- Kitchen Fully equipped – 2 cookers – fridge – freezer
- Toilets Flush toilet - paper provided
- Smoking Non smoking – outside only
- Drying room Yes
- Shops Nearest big supermarket, Tavistock – 10 miles
- You need to provide Sleeping bags / duvets  
fire lighters, washing up liquid
- Onsite warden Yes most of the time
- Public telephone No
- Postal address Dartmoor Expedition Centre, Rowden,  
Widcombe-in-the-Moor, Newton Abbot
- Post code TQ13 7TX
- Cost for PTT groups

### Cost:

£12.00 per person per night with a minimum charge of £120 per night.

Leader rooms £14 per person per night

Additional charges: Electric meter - Allow about £30 per week.



## Lower Aish Bunkhouse

Lower Aish situated in the Dartmoor National Park in Devon. It is a basic but comfortable bunkhouse on a campsite in the village of Poundsgate approximately 6 miles from Powder Mills. Now improved with a separate kitchen. There is a pub about 300 metres along the road. The nearest shops are at Ashburton which is approximately 5 miles.



## Factfile for Lower Aish Bunkhouse

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• Location Grid Reference</li> <li>• Web link for location;</li> <li>• Website</li> <li>• Emergency Phone number</li> <li>• No of bedrooms / beds</li> <br/> <li>• Lounge area</li> <li>• Lounge Fire</li> <li>• Other heating</li> <li>• Handwash Water Heating</li> <li>• Showers</li> <br/> <li>• Drying</li> <li>• Kitchen</li> <li>• Toilets</li> <li>• Smoking</li> <li>• Shops</li> <li>• You need to provide</li> <br/> <li>• Onsite warden</li> <li>• Public telephone</li> <li>• Postal address</li> <li>• Post code</li> <li>• Cost for PTT groups</li> </ul> | <p>GR SX706721</p> <p><a href="http://www.multimap.com">http://www.multimap.com</a> - use TQ137NY in search</p> <p>None</p> <p>+44 (0)1822 880277</p> <p>3 bedrooms – 10,8 berth rooms<br/>2 berth leader caravan. – total 20</p> <p>Tables and chairs</p> <p>Woodburner</p> <p>Electric storage heaters (included)</p> <p>Electric (included )</p> <p>Shares washing / excellent shower facilities with the campsite which are cleaned daily.</p> <p>Tumble drier ( Takes 20 pence's)</p> <p>Fully equipped – cooker – fridge</p> <p>Excellent toilet block</p> <p>Non smoking – outside only</p> <p>Nearest big supermarket, Newton Abbot – 10 miles</p> <p>Sleeping bags / duvets and pillows if required</p> <p>fire lighters, washing up liquid</p> <p>Yes most of the time</p> <p>No – Phone box 2 mins away</p> <p>C/o Powder Mills – Princetown – Yelverton – Devon</p> <p>PL20 6SP</p> |
|---|---|

Cost: £110 per night. Not registered for vat.  
Additional charges: wood and coal.



## Accommodation Ashdown Forest, East Grinstead

### Broadstone Warren - Warren Lodge

[www.broadstonewarren.org.uk](http://www.broadstonewarren.org.uk)

Broadstone Warren is the largest scout camp in England. It is managed by East Sussex Scouts, and is situated in the heart of the Ashdown Forest in North Sussex, midway between the South Coast and London. The site is almost 400 acres of mixed woodland. It is used by Scouts, Guides, youth groups, schools and commercial organisations from all over the UK and abroad. There are a number of accommodation units within the site and the most suitable is Warren Lodge. Warren Lodge is the perfect venue for a training course, or a residential experience for a Princes Trust group.



## Factfile for Broadstone Warren - Warren Lodge

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Location Grid Reference</li> <li>• Web link for location;</li> <li>• Website</li> <li>• Emergency Phone number</li> <li>• No of bedrooms / beds</li> <li>• Lounge area</li> <li>• Carpeted</li> <li>• Other heating</li> <li>• Handwash Water Heating</li> <li>• Showers</li> <li>• Kitchen</li> <br/> <li>• Toilets</li> <li>• Smoking</li> <li>• Drying room</li> <li>• Big Shop</li> <li>• You need to provide</li> <br/> <li>• Onsite warden</li> <li>• Public telephone</li> <li>• Postal address</li> <br/> <li>• Post code</li> <li>• Cost for PTT groups</li> </ul> | <p>GR SX628769</p> <p><a href="http://www.multimap.com">http://www.multimap.com</a> - use RH185JS in search</p> <p><a href="http://www.broadstonewarren.org.uk">www.broadstonewarren.org.uk</a></p> <p>+44 (0)1342 822573 Emergency only</p> <p>7 bedrooms – 2 x4 – 5 x 2 berth rooms – total 18</p> <p>Large with tables and chairs</p> <p>Bedrooms</p> <p>Electric storage heaters (included)</p> <p>Electric (included )</p> <p>3 electric showers (included)</p> <p>Fully equipped – cooker – fridge – freezer – hot water</p> <p>Flush toilets – toilet paper provided</p> <p>Non smoking – outside only</p> <p>Yes</p> <p>Supermarket - East Grinstead is about 6 miles</p> <p>Sleeping bags / duvets and pillows if required washing up liquid</p> <p>Yes</p> <p>Yes – payphone on site</p> <p>Broadstone Warren, Forest Row<br/>East Sussex RH18 5JS</p> <p>RH18 5JS</p> |
|--|--|

**Cost:** £175 per night plus vat. This includes electricity and gas, there are no extra charges.  
(18 beds)  
For larger teams Broadstone Lodge may be available at £310 per night plus VAT.  
(38 beds)

## **Tile Barn Bunkhouse - New Forest - Hampshire**

A friendly atmosphere awaits all whom visit Tile Barn, this unique 14 acre site situated in Hampshire close to the picturesque village of Brockenhurst, right in the heart of the New Forest national park. A superb bunkhouse for young people to experience and enjoy the outdoors in a safe environment, a great location for the Princes Trust Team residential week. The aim of the Centre is to provide a base which will enable the delivery of education through adventure, whilst enjoying the splendid facilities of this new bunkhouse.



## Factfile for Tile Barn

- Location Grid Reference GR. SO427UB
- Web link for location; <http://www.multimap.com> - use SO42 7UB in search
- Website <http://www.tilebarncentre.hants.gov.uk/>
- Emergency Phone number +44 (0)1590 623160 Emergency only
- No of bedrooms / beds 2 rooms – 2 x16 berth rooms + staff rooms– total 32
- Lounge area Tables and chairs
- Carpeted Bedrooms
- Other heating Under-floor heating (included)
- Handwash Water Heating Yes
- Showers Excellent shower block close by(included)
- Kitchen Fully equipped – cooker – fridge – freezer
- Toilets Excellent toilet block close by.
- Smoking Non smoking – outside only
- Drying room Yes
- Shops Nearest big supermarket, Lymington – 5 miles
- You need to provide Sleeping bags / duvets / pillow case / bin liners  
washing up liquid / tea towels
- Onsite warden Yes
- Public telephone Yes – payphone in entrance hall
- Postal address Tile Barn Outdoor and Camping Centre  
Church Lane - Brockenhurst
- Post code SO42 7UB
- Cost for PTT groups

Cost: £198 + Vat per night



## How to Book

**All booking for both Dartmoor, New Forest and Ashdown forest should be made through Spirit of Adventure, Powder Mills, Princetown, Devon, PL20 6SP. Tel 01822 880277, fax 01822 880392 or email [martin@spirit-of-adventure.com](mailto:martin@spirit-of-adventure.com) .**

We are very happy to take bookings well in advance. Please be aware that you may be liable for a cancellation charge if you cancel the course after booking as set out below. We will endeavour to keep cancellation charges to a minimum.

We do not require medical forms or next of kin details as this information is already held by the team leaders. The team leader should brief the instructors on any relevant medical conditions on arrival. If the team requires any special arrangements this should be discussed with Spirit of Adventure before arrival.

Please complete the attached booking form and send it to Spirit of Adventure.

### Cancellation Charges

- Cancellation up to 1 month before start date - £500
- Cancellation 1 month to 14 days before start date - £1000
- Cancellation less than 14 days before start date - £1750

These charges are to cover the costs already committed for your course e.g. administration, instructor costs and accommodation deposits.

### 2008 Course Costs

Cost of the standard course commencing on Monday afternoon about 17:00 and completing after the final challenge on Friday is as follows:

- **The charge for the course is £1750 for up to 10 team members without night cover.**
- **Each additional volunteer is charged at £135.**
- **Night cover if required £220**
- **Team leaders are free of charge.**
- **Accommodation for the volunteers and the team leaders is charged at cost.**
- **Costs are subject to vat at the standard rate.**

**Courses funded from government sources e.g. FEFC or the Learning and Skills Council are vat exempt. To claim this exemption we require confirmation of the source of your funding. Employed team members funded by their company are subject to vat at the standard rate.**

## Kit List

We will provide all the specialist equipment required for the week, this includes: harnesses, helmets, wetsuits, canoeing cagoules, buoyancy aids, maps and compasses. You are very welcome to bring your own equipment and your instructor will inspect it to make sure it is suitable for the planned activity.

### ***You will need to provide the following:***

Sleeping bag or duvet and sheet  
Waterproof jacket and trousers  
Small Rucksack  
Warm hat  
Warm gloves  
Warm jumper or fleece jacket  
Track suit bottoms/ or similar  
T-shirts  
Sweatshirts  
Swim wear and old t-shirt for canoeing  
Old trainers and socks for canoeing / climbing (Will get wet)  
Trainers or boots for walking  
Torch with battery (very important for the night tasks !!)  
Wash kit  
Small first aid kit (Including any personal medication.  
Insect repellent  
Large towels  
Water bottle and lunch box  
Please bring old clothes for the activities as they may get slightly damaged. Please do not bring expensive jewellery.

### **For the Dartmoor visitors;**

Waterproofs are available for teams to loan.  
also some sleeping bags available for hire at £5 per week.

## Prince's Trust Team Booking Form

Name of Team: \_\_\_\_\_

Name of Team Leader: \_\_\_\_\_

Name of Assistant Leader: \_\_\_\_\_

Address for correspondence: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Dates of Course: From \_\_\_\_\_ to \_\_\_\_\_

Course Venue - please tick:

Dartmoor   
Ashdown Forest   
New Forest

Accommodation preference if any:

First Choice: \_\_\_\_\_

Second Choice: \_\_\_\_\_

Minibus required: YES/NO (delete as appropriate)

Night Cover required: YES/NO (delete as appropriate)

Course funding source: \_\_\_\_\_

We allocate 2 instructors per team, if the size of your team is greater than 16 please inform us so that we can arrange an extra instructor.

I understand the booking conditions. If the course is cancelled within 28 days of the start date I may incur cancellation charges.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Position: \_\_\_\_\_