



Contact details

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Intensive Instructor Training Courses

These courses are intended to give anyone who has thought of a career change the opportunity to gain the necessary experience and skills needed to become a professional outdoor instructor. Most activity centres require a minimum of SPA and a water based qualification prior to employment. The courses that Spirit of Adventure offer fulfil those requirements.

On successful completion of our intensive two week **Kayak and Canoe Course** you will be able to work alongside other highly qualified BCU Coaches. You will have the opportunity to achieve the **BCU Level One Coach** qualification. This will then enable you to progress further within the paddle sport industry and onto a fulfilling career.

Similar to our **Kayak and Canoe Course** our **SPA (Single Pitch award)** is for those seeking to gain the award which enables candidates to supervise abseiling and rock climbing activities. This course can be treated as a training course where upon completion you will have the opportunity to gain your **SPA Training**. It can however be a refresher course where upon completion you will have the opportunity to take the **SPA Assessment**.

A career in the outdoors is very rewarding and when working with our enthusiastic and experienced staff you will soon see that this is a unique way to gain the necessary qualifications.

Spirit of Adventure is based in the Heart of Dartmoor which means that you will be climbing or paddling in some of the most scenic locations around the South West.

With more and more people looking to get out of "the Rat Race", a career in the outdoors could be the solution to finding a less stressful alternative to driving a desk or working "nine 'til five".

In just two weeks you could be on the road to a new and exciting career!!!





Intensive Kayak and Canoe Instructor Course Training Courses

On successful completion of this ten day course you will have the opportunity to gain the **BCU Coach Level One** qualification. To gain this award you need to hold the BCU 2 Star award, the Foundation Safety and Rescue Course or Canoe Safety Test and have completed at least two journeys on the water. This criteria is fulfilled within the first week enabling you to undertake the Level One course. You will also have the opportunity to undertake journeys in various craft which will enhance your knowledge and enjoyment of paddle sport.

If however you already hold the BCU 2 Star award and have previous experience you could use the first week to consolidate your existing skills or you could just join us for the Level One Training and assessment.

This programme although intensive is very much intended and designed to be informative and fun. If you include the rivers and estuaries that you will explore you will have a fantastic experience which will give you a real taste of a potential new career.

Course Information

Accommodation— this is a non residential course. **Spirit of Adventure** can however arrange accommodation in either a bunkhouse or B and B. If you contact our office we will be pleased to help you find something from our local contacts.

Duration — 10 days professional instruction (including 4 days assessment).

Cost— £699 (10 days) or £240 (4 day BCU Level One Course only) this includes all safety equipment and the use of boats and boating equipment (it does not include BCU Fees or accommodation).

It is preferable for clients to bring their own personal paddling apparel, although Sprit of Adventure can provide basic centre cags and wetsuits.

Course Dates

10 Day course—16th to 27th August (excluding weekend)

including

4 Day BCU Level One —24th to 27th August

Important - You must have all the necessary pre requisites to attend the 4 Day course



For more details please contact



Intensive SPA Training or Assessment Courses

This course will enable you to log lead climbs and group sessions necessary for progression through the scheme. Your qualified instructors will be on hand to advise you on good practice and safe working techniques. You will also be shown various methods of setting up belays, placing anchors and have the opportunity to look at the uses of different pieces of climbing hard wear. Essential knowledge for a career in the outdoor industry. During the week two you will be taken to Cornwall to climb on some classic rock prior to your **Training** or **Assessment** course.

Training. This course is intended for those wishing to attain the **MLTE Single Pitch Award (SPA) Training**. The course will cover all the aspects of the syllabus - giving you every opportunity to gain the required standard.

You will need to meet the following requirements before attending this SPA pre-training course

- A minimum of **8** logged leader placed protection leads.
- You must be registered with the MLTE and have a log book.
- You must hold a valid first aid certificate (min of 2 day course).

Assessment. If you already hold the SPA training qualification this course is an ideal way for you to consolidate your skills prior to taking the assessment at the end of the two weeks.

You will need the following requirements before attending this SPA pre-assessment course.

- A minimum of **25** logged leader placed protection leads and **10** group sessions.
- Be SPA trained or have exemption from training certificate.
- You must hold a valid first aid certificate (min of 2 day course).

To comply with the MLTE the **Training** and **Assessment** will run as two separate events on the last two days of this course. In the event of not reaching the required entry level, you can return for the **Training** or **Assessment** when ready at no extra cost.

Course Information

Duration — 8 days instruction + **SPA Training or Assessment**.

Cost—£699—includes the use of climbing hard wear, ropes and transport. Not included, MLTE registration fees.

Course Dates

8 day instruction -11th to 20th Oct (excluding weekend)

Plus, SPA training course 21st to 22nd Oct

or

SPA assessment course 23rd to 24th Oct

Accommodation— this is a non residential course. We are happy to arrange accommodation in either a bunkhouse or B and B. If you contact our office we will be pleased to help you find something from our local contacts. Three days of the course will be based in Cornwall on a local campsite. The campsite fees are not included in the course cost.

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