



**Powder Mills
Princetown
Devon PL20 6SP
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2010 High Hopes Devon Trekking Expedition

High on the Dartmoor Hills is the start of this expedition, and over the next three days follow an exciting marked trail to the dip our toes in the sea. A total of 20 miles, a real fun challenge.

This is a challenge not only for your walking skills but also the need to follow a trail using map skills, and your eyes to seek out the trail markers.

John or Mick, perhaps even both will be with you all the way. Each day we shall walk about 6/7 miles taking our time and enjoying the great views. The idea is to have a fun time exploring the countryside and small villages as we make our way from Dartmoor to the coast.

We shall follow the Erme Valley Trail which is mostly off road and makes its way down to Wembury, a stunning small seaside village. Here we shall dip our toes in the sea to celebrate our journey's end.

The first night will probably be at Powder Mills, then we shall camp on the route of the trek. Most of our camping gear will be transported for us, however we will need to carry enough kit for the days trek.

Day one - Arrive Powder Mills - overnight probably bunkhouse

Day Two - Drive to Harford Gate high on Dartmoor and our trek starts here - trek to Camp at Ivybridge.

Day Three - Trek to near Yealmpton following the Erme Valley Trail - camp.

Day four - Continue to follow Erme Valley Trail Trek to Wembury and finish with wet feet in the sea!!!



Contact Details

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Kit list

Rucksack
Woollen hat / gloves
Water proof jacket / bottoms
T-shirt / thermal vest
Sweatshirt / fleece
Sun hat
Windproof jacket
Shorts
Track suit bottoms / walking trousers
Trainers / walking boots
Small personal first aid kit
Insect repellent
Sun protection cream
Washing kit and towel
Water bottle
Camera
Sleeping bag

All safety equipment will be provided by Spirit of Adventure for all the activities.

If you have any questions on the above list then please contact us at our Spirit of Adventure office.

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2010 Facts / Figures

Date

**19th-23rd April
(Mon -Fri)**

Full board (except final evening meal)

Cost

£385

**£50 extra if you wish transport from the Kent
(care workers 25% discount)**

