

Baja Sea Kayak Trip

2012

For online booking
www.spirit-of-adventure.com



This expedition is one of North America's best winter sea-kayaking trips. And deservedly so! It offers the adventurer 7 glorious days voyaging around one of the most appealing islands anywhere, in state of the art expedition sea-kayaks. The rugged shoreline, off-shore islands and series of headlands and deep bays make each day a new adventure. The west coast of Espiritu is studded with some of the most spectacular white, sandy bays you can imagine while the east coast has enormous towering cliffs, bizarre rock formations and alluring sea caves. After paddling approximately 3-4 hours each day we will have plenty of time to enjoy fantastic snorkelling, to swim with sea lion pups, hike intriguing volcanic arroyos, bathe in the glorious Baja sun, watch manta rays leap up out of the water, admire a school of dolphins, explore hidden inland lagoons, sip a margarita and relax in great company..... Isla Espiritu Santo really is paddling in paradise ~ just ask anyone that has been there!

How it all works:

In accordance with the groups dietary requirements, your guides will have already prepared a menu plan and bought the food and beverages. During the trip the guides organise each meal and everyone helps with the cooking and camp chores.

All the gear, food and water is carried in our sea-kayaks from one camp site to the next. We have no motor boat support so it is therefore a group task with the support of your guides, to pack and carry everything. Naturally, the rewards lie in the tremendous feeling of self-sufficiency, a bonding team spirit and a marvellous sense of accomplishment. Many would agree that this is the 'only' way to do a sea-kayaking expedition.

On our 7 day trip we make a re-supply midweek. So effectively the most we ever carry in our kayaks is 3 days supply of food and water. At the time of re-supply the motor boat takes away our accumulated rubbish.

The itinerary:

Friday: Arrive in Los Cabos - Hotel

Saturday: Bus to La Paz, check into your hotel room and at 9.00pm meet your guides for a trip briefing.

Sunday: Transfer from your hotel in La Paz to Espiritu Santo Island in by high speed motor boat. Guides discuss points on safety and provide beginners with the basics of sea kayaking and correct use of gear and kayaks. In the afternoon we embark on our first paddle beneath spectacular volcanic cliffs and arrive at the first of many beautiful beaches to set up camp.

Spirit of Adventure - Powder Mills - Princetown - Devon - PL20 6SP

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Monday: Continue in our kayaks exploring a new section of coastline with small off-shore islands where numerous sea birds nest. Camp on a new beach.

Tuesday: Continue voyage to the end of the island, stopping off to take a refreshing well water shower, hike up a wonderful canyon to discover fascinating rock formations. Continue paddle over to Isla Partida and set base camp for two days on north end of the island.

Wednesday: This is our lay over day - time to relax those paddling muscles! Today we take a fast motor boat ride to a beautiful off shore island which is home to a large sea lion colony. Experience the amazing thrill of swimming with sea lion pups and snorkel amongst thousands of tropical fish.

Thursday: Continue around the north end of the island for our first paddle along the east coast. A sharp contrast in scenery with spectacular towering. We will paddle through a narrow channel between Espiritu Santo and Isla Partida to discover an exquisite setting with high cliffs enclosing the bay and natural turquoise 'swimming pool.'



Friday: A remarkable paddle beneath towering cliffs rising up to a high point of 2000ft. There are also two natural caves which skilful navigators can paddle right through. In the afternoon we arrive at our favourite camp spot ~ a magnificent 2 mile stretch of superb sweeping white sand. Last night camping.

Saturday: Final morning sea-kayaking to complete our circumnavigation. Lunch and return to La Paz. Check in to your hotel. Time to shop for souvenirs before a farewell dinner together.

Sunday: Breakfast and bus to Los Cabos and international flight.

Fact-file;

Sea Kayak Baja

Activity

6 days, Kayaking

Accommodation / meals

2 nights Hotel room only

6 nights Camping full board

2012

BAJ121CC - 21-29 Jan

BAJ122CC - 28 Feb-5 March

BAJ123CC - 10-18 March

BAJ124CC - 24 March-1 April

BAJ125CC - 14-22 April

BAJ126CC - 28 April-6 May

Experience Required

Basic inland or sea kayaking experience

2012 Costs

Land only £750

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Suggested Kit List

Remember you have to carry all your gear in the kayak, therefore your personal belongings should not exceed the capacity of two medium dry bags (9"x9"x16" approx.). This does not include your tent, sleeping bag, therma rest. These items can all be packed directly into the kayak in their respective bags. We further recommend that you line the stuff bag of your sleeping bag with a plastic bag - this is easier and just as effective as a dry bag.

- **Clothing General**
 - Shorts (1 or 2 pairs)
 - A couple of t-shirts
 - Fleece & long pants (Nov - April)
 - Foot wear: sandals and hiking shoes
 - Shorty wetsuit (Recommended Mid Dec-April)
 - Swimsuit and towel
 - Rain jacket (optional Dec-Feb)
- **Miscellaneous**
 - Compact Sleeping Bag in stuff bag
 - Sun glasses (with leash)
 - Sun hat
 - Personal water bottle
 - Mug
 - Camera and films - optional
 - Torch
 - Notebook / Pencil
 - Reading Book - optional
 - Paddling gloves - optional
- **Toiletries**
 - Sun cream - essential
 - After sun cream
 - Small first aid kit
 - Insect Repellent
 - Prescription Drugs
 - Toothbrush/Paste
 - Shampoo/Conditioner - Biodegradable
 - Deodorant
 - Wash kit
 - Diarrhoea medicine
 - Lip Balm
- **Travel Essentials**
 - Passport
 - Airline tickets
 - Money belt / pouch
 - Travellers checks (UD\$)
 - Snorkelling Gear and wetsuits can be hired, \$30US and \$40US



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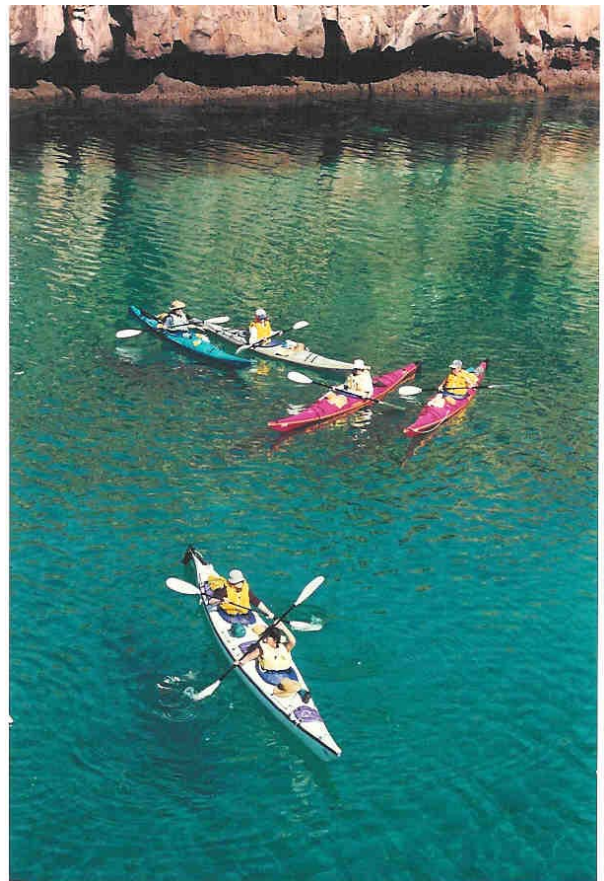
CONSERVATION

The Archipelago of Espiritu Santo is part of the 'Gulf of California Islands' Flora and Fauna Protection Area. Endemic species inhabit the islands and there are more than 200 species of vascular plants.

There are more than 70 species of animals, in groups such as amphibians, reptiles, birds and mammals, which include notables like the Juancito (little squirrel), the Babisuri (Ring-tailed cat), the Black Hare and the Sand Snake. In the surrounding waters you can observe more than 50 species of aquatic birds that nest in the archipelago and more than 15 species of marine mammals.



When you join a Spirit of Adventure expedition to Espiritu Santo Island, a proportion of your trip fee is given to the Conservation Department of the Mexican Government (SEMARNAT). The funds generated are used specifically for the management program to preserve the Gulf of California Islands



Great efforts are being made to conserve the islands in their natural splendour so we may continue to enjoy them in pristine condition. We proudly uphold the conservation efforts and with your support we will continue to enjoy this wonderful kayaker's paradise