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2012

Valencian Family Adventure

Southern Spain— no better location for a family adventure week - stunning mountain ranges and sunny sandy beaches provide that magic ingredient for fun and adventure!!

The Adventure

This is a full week of fantastic family adventure that everyone can enjoy. Your location for this week will be the beautiful Spanish province of Valencia. The warm Mediterranean water makes it ideal for kayaking or for cooling off from the Spanish sun. The stunning mountains of the Sierra de Aitana provide your venue for some climbing and abseiling. You will also trek through olive and citrus groves of traditional rural villages. This week will also include a boat trip where you can try your hand at fishing for your lunch before arriving at a small island. From there you can just relax or snorkel off the beach, the choice will be yours.

Finish your days activities with a cooling swim in a 25 metre, natural spring fed swimming pool. You may just want to sit with a drink and watch the sun creep towards the horizon to finish another perfect day. All of this excitement is fully supported by fantastic home cooked food set in a superb traditional family farmhouse.

Family Adventure Holidays should be full of fun and excitement for all involved. This family week is no exception and no previous experience is required for any of the activities.





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The Adventure and Itinerary

Day 1: Arrive in Alicante and be transferred by minibus to your fantastic 400 year old family run farm guesthouse, where you will meet your hosts Jon and Vi. A chance to explore and relax!

Day 2: Rock day, this is a chance to explore and try out your climbing skills! Plenty of expert help to provide a brilliant safe day. Lots of easy routes to build some confidence and some harder ones if you feel up for a challenge. Family fun for all whatever your fitness or ability. After all that excitement what a better way to spend the afternoon than to visit the famous local chocolate factory, no worries you have worked off enough calories, so enjoy!!

Day 3: Lets head to the beach and have our first taste of kayaking. A really good fun session for all the family and a chance to learn new skills! No need to worry if you are not confident around water, with a buoyancy aid to keep you well afloat and a qualified instructor on the water, you will be in safe hands.

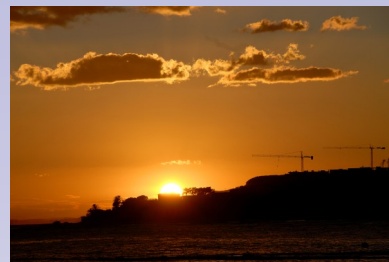
Day 4: River adventure — we find our way down to the large reservoir, where we kit out with life jackets, helmets, wet shoes, dry bags and lunch... This is a whole day adventure of walking up part of the river (we go through areas such as , crocodile alley, snake mile, it's jungle adventure) until we get to where the river narrows into pools. From here we have to swim, scramble, climb up small waterfalls, jump into pools, catch frogs. We return via a short cut back to a village for a well earned ice cream and a cold drink.

Day 5: Wow!, Your own private boat that will make it's way to a small offshore island, maybe some fishing, snorkelling on the way. Land, have lunch, take a swim, chill out and explore before setting off back.

Day 6: free day to visit Aqua Land (cost 12-15 Euros), the biggest water park in Europe.. It is great fun for the kids(big and small). There are small rides, big rides. black holes, rapids. A day for a book in the shade or a 100 meter drop on a water slide.

Day 7: Still more excitement! Down to the coast for sailing and kayaking... We use one sailing boat so the group divides up... One group goes sailing and the other go kayaking, then we swap around. It can be heart warming sailing or you might just get a good suntan. Everybody gets to try everything... We finish the day with a visit to the ice cream shop_(its homemade and its the best in the world)

Day 8. Farewells and Mini-bus to Alicante for flight back home.





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Suggested Kit List

You will need to provide the following:

- Lunch box
- Full waterproofs
- Small day rucksack
- Warm hat / Sun hat
- Warm jumper or fleece jacket
- Walking trousers (track suit bottoms)
- Walking shoes or boots
- Shorts
- Long sleeve shirt / t-shirt
- Swimming gear
- Socks
- Sun protection cream
- Torch and spare batteries / bulb
- Small first aid kit
- Trainers or sandals for canoeing
- Insect repellent
- Wash kit / Towel
- Camera / films
- Personal First Aid kit
- Insect repellent
- Water bottle / thermos flask

Fact and Figures

2012

VFA121	24 Jun—1 Jul
VFA122	1—8 Jul
VFA123	8—15 Jul
VFA124	15—22 Jul
VFA125	22—29 Jul
VFA126	29 Jul—5 Aug



Land only price:

Adults	£629
Under 18's	£509

Price includes:

- Airport transfers
- Activity transport
- Accommodation - full board (7 nights family guest-house)
- All specialist equipment for the activities.



Price does not include

- International air flight,
- spending money.



Experience Required None

Suitable for people aged 11 to 70

