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**2010**

## **Grand Western Canal**

**Enjoy one of Devon's best kept secrets.  
Explore this stunning waterway as we  
paddle our way in canoes.**

The Grand Western Canal was designed to join the Bristol Channel with the English Channel. However it was never completed, so we have this fantastic 11 mile stretch of inland water to be enjoyed. No previous paddling skills are required, this is a fun weekend. A chance to enjoy some stress free time with your family without having to worry about providing activities. Its fun, its active, and you will learn some new skills.

Over two days you will go at the pace of the canoes as you wind your way through still waters and beds of water lilies. You may be lucky enough to catch a glimpse of a darting kingfisher, or paddle close to a swan.

This is not a busy canal so we can enjoy it at our leisure.





**2010**

## **Grand Western Canal**

[www.spirit-of-adventure.com](http://www.spirit-of-adventure.com)

### **The Weekends programme**

Arrive on the Friday evening at the Minnows campsite near Tiverton just off the M5 at Jnc 27.

Saturday morning— up early for camp breakfast. Sort out the equipment and boats and transfer to the start of the canal.

Learn some basic paddling strokes and skills and set off down the canal.

Plenty of time for photos and fun. Also plenty of flexibility to try different boats and paddle with different members of the group, in fact, this is a very relaxed paddle down this lovely waterway.

Arrive at the campsite and time for a shower before supper around the tents. If any adults want to wander along the canal to test the local ales, no problem, we shall be onsite to look after the younger members of the group.

The following day you will then continue your exploration of the canal as you paddle further on from the campsite. On completion of this day, your Spirit team will then arrange the transport to return you to your cars.

**Always** under the guidance of qualified staff, to ensure not only your families safety but to teach some basic skills. All specialist equipment provided for all the activities.

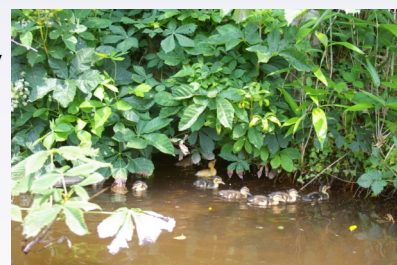
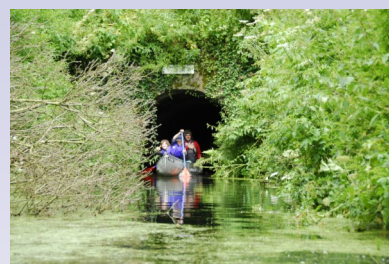
#### **Accommodation**

For this family adventure we shall be camping on a fully equipped site next to the canal. We shall provide tents, sleeping mats and food from Saturday breakfast to Sunday packed lunch and a mess tent for eating in.

You may wish to eat before you arrive on the Friday night or if early, come in and sort out your tent first. Plenty of local pubs nearby.

If you have your own tent, you may bring it along, off course we shall pay for the pitch, or if you bring a caravan we would only ask you to pay the price difference.

A warm welcome awaits you from the staff of Spirit of Adventure on this family adventure weekend.





# 2010 Grand Western Canal

## Suggested Kit List

### We will provide the following:

All specialist activity equipment  
Full board from Saturday morning until Sunday lunch.

### You will need to provide the following:

- Sleeping Bag
- Lunch box
- Full waterproofs
- Small day rucksack
- Warm hat and Sun hat
- Warm jumper or fleece jacket
- Walking trousers (track suit bottoms)
- Shorts
- Long sleeve shirt / T-shirt
- Socks
- Sun protection cream
- Torch and spare batteries / bulb
- Trainers or sandals for canoeing
- Insect repellent
- Wash kit / Towel
- Camera
- Personal First Aid kit
- Waterbottle / thermos flask

## Fact and Figures

### 2010

## Grand Western Canal

### Activities:

**2 days canoeing and camping.**



### Accommodation / meals

**2 nights camping - full board**

### Ref. No. - - - Dates

GWC091 24 - 25 Jul

GWC092 28 - 29 Aug

Experience Required  
none

### 2010 Costs

Adults £215

16 & under £160

