



**Powder Mills
Princetown
Devon PL20 6SP
Tel: +44 (0) 1822 880277
Fax: +44 (0) 1822 880392
Email:**

martin@spirit-of-adventure.com

www.spirit-of-adventure.com

2011

Family Fun Weekend

Powder Mills, situated in the heart of the wild and beautiful Dartmoor National Park. A fantastic location for this full on adventure family weekend



Family Adventure Holidays should be full of fun and excitement for all involved. This family weekend is no exception. No previous experience is necessary. You will have a chance to undertake many challenging activities that every one can achieve, albeit with a little encouragement from you instructor and family alike. Leave your car parked up once you have arrived and let your Spirit of Adventure team transport you around for the week. This will ensure that you can relax and not worry about having to navigate the narrow lanes.

Throughout the weekend you will have the opportunity to sample some climbing, abseiling, kayaking and raft building.

This really is a unique family experience that is exciting and certainly fun, for all the family!!





2011

Family Fun Weekend

www.spirit-of-adventure.com

The Adventure and Itinerary **The Weekends Exciting Activities**

Arrive Friday evening and settle in. Over the weekend you will have the opportunity to experience:-

Kayaking, a great way to have fun and learn some basic skills. We use a lovely lake that is safe and clean and a fantastic venue to enjoy this popular activity. A really good fun session for all the family! No need to worry if you are not confident around water, with a wetsuit and buoyancy aid to keep you well afloat and a qualified instructor on the water, you will be in safe hands.

Abseiling, Wow! is often the response at the bottom of the rope as someone overcomes the scary, and exciting feeling of the abseil. Let our instructors of many years of experience, help you feel confident enough to give this a whirl, its great fun!!

Raft-building, all the family skills are needed to construct a super raft big enough to support the team and to win the wild raft race. Needless to say you will get very wet!!

Climbing, this is a fantastic day of adventure on rock. Enjoy the thrill of rock climbing and scrambling, this is a day for everyone, plenty to challenge. Whether you have climbed before or are a complete beginner. We learn skills to keep us all safe and happy as we explore this great activity.

Optional 3rd day....

Canoe river trip, you have learnt the basics on the lake, so today we shall explore one of Devon's amazing estuaries in canoe! No noise, no pollution, what better way to enjoy the countryside. This is a very popular trip regardless of age or ability.

Always under the guidance of qualified staff, to ensure not only your families safety but to teach some basic skills. All specialist equipment provided for all the activities.





2011

Family Fun Weekend

www.spirit-of-adventure.com

Accommodation

This adventure is based at Powder Mills bunkhouse. We have no television, or video but we do have open space, fresh clean air, direct access to the open moorland, well away from the busy hectic concrete world, computers and screens. A chance to relax and enjoy a real family atmosphere. Powder Mills Bunkhouse is comfortable and warm with excellent facilities. It is a converted granite barn situated in the heart of the Dartmoor National Park, with beautiful views across the North and South Moors. Warm and cosy, carpeted throughout with storage heaters in every room. Comfortable lounge with wood burning stove, tables chairs and sofas. Very efficient drying room with dehumidifier and fully equipped kitchen. You will need only to bring a sleeping bag or a duvet and a pillow if required. (We have some sleeping bags for hire if required.) Excellent showers work on 20p meter, which give plenty of time for a good shower. A non smoking bunkhouse but smokers are welcome to use the area just outside the doors.

Every family gets a room, it may be a big room or it may be a smaller one, depending on the family size, and time of booking! A big cosy lounge and good showers make this a great place to be!!





2011 Family Fun Weekend

www.spirit-of-adventure.com

Suggested Kit List

We will provide the following:

All specialist activity equipment

You will need to provide the following:

- Sleeping Bag
- Lunch box
- Full waterproofs
- Small day rucksack
- Warm hat / Sun hat
- Warm jumper or fleece jacket
- Suitable walking trousers / Shorts
- Walking shoes or boots
- Long sleeve shirt / t-shirt
- Swimming gear
- Socks
- Sun protection cream
- Torch and spare batteries / bulb
- Small first aid kit
- Trainers or sandals for canoeing
- Insect repellent
- Wash kit / Towel / swim gear
- Camera
- Personal First Aid kit
- Insect repellent
- Water bottle/ thermos flask

Fact and Figures 2011

Family Fun
Weekend

Activities:

**2 / 3 days, kayaking,
raft-building, climbing,
abseiling.**

Ref. No.	Date
MAF111	23 - 24 July
MAF112	20 - 22 Aug
MAF113	27 - 28 Aug

Optional Monday

Canoe trip on a local river.

Experience Required

None

**Free bunkhouse
accommodation**

2011 Costs

Adults 2 days	£99
Adults 3 days	£149
16 & under 2 days	£79
16 & under 3 days	£115

